

## Ben Cunningham



I'm here at UNR to study business management. I don't necessarily have a clear idea of what I'd like to do after graduation, but I know I want to have my own business or help develop another company. In a perfect world after graduation or even during my education I would start a business in the recreation or the fitness industry.

I'm not a particularly technical person. My only exposure to different software and programs has been through school. I have basic skills in Microsoft and Google suites, but outside of these platforms I'm very limited in my knowledge. Even with my limited knowledge of technology I'm still the tech wizard of my family. I'm somehow much better at hitting restart and unplugging and unplugging in devices.

Outside of my education I'm a very active person. I consider myself to be a hybrid athlete. I'm an avid runner and weightlifter. I try to run 50+ miles a week, and weight train for roughly 2 hours 6 days a week. I'm a marathon runner and soon to be an ultra-marathon runner. I've signed up for a 100-mile race around the Sparks Marina call "The Biggest Little Ultra" I'm very excited and scared for this race. This will be much further than I've run before. I'm not trying to win I just want to make it across the finish line.

Outside of my education and physical pursuits. I'm actively working 2 jobs, I'm a personal trainer at Crunch Fitness, and I'm working as a mover. I'm very passionate about snowmobiling, off-roading, and mountain biking. I'm currently working on building an Ultra-4 style pre-runner with my dad. It's a 2003 Chevy 2500 cab and chassis truck. This truck was my dad's first company truck. We currently have pulled the transmission, transfer case, fuel tank, and service bed off the truck. We also stripped the interior and cut the sheet metal out of the roof. The next steps in this project are to install a roll cage and back half the truck (removing the frame from the cab backwards and installing a custom tube chassis). I'm very excited to continue this build process and even more excited to drive the finished product.